

**Department of Workforce Development** 

# Independent Medical Exams and Denying Claims

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#### Section 102.13

Legal framework providing the injured worker's employer or the worker's compensation insurer with the right to send injured workers to independent medical exams or to have the injured worker's medical records reviewed by a provider of their choice.



#### IME and MRR

- A non-treating medical provider of the insurance company's (IC's) or employer's choice opines on a number of possible issues in the claim.
- Independent Medical Exam (IME) A non-treating provider examines the injured worker (IW).
- Medical Records Review (MRR) A non-treating provider reviews the injured worker's medical records.



## Who Is Qualified to Examine an Injured Worker?

#### According to Section 102.13

- Physicians
- Chiropractors
- Psychologists
- Podiatrists
- Dentists\*
- Physician assistants\*
- Advanced practice registered nurses\*





## Independent Medical Exam Timing

- You may arrange for an IME at ANY time during the life of the claim.
- Common points:
  - Denying the claim
  - Questioning the length or type of treatment
  - Challenging the treating doctor's PPD rating



## The Independent Medical Exam Letter

The Independent Medical Exam letter must include:

- Proposed date, time, place of exam, and area of specialty of the IME provider
- Procedure for changing the proposed date, time, and place of exam
- IW's right to receive the IME report as soon as the insurance carrier receives it



## The Independent Medical Exam letter

The Independent Medical Exam letter must also include:

- The Injured Worker's (IW) right to have their provider present
- IW's right to have a translator present
- IW's right to have an observer of their choice present
  - The observer may not interfere with the exam or ask questions.
  - The IW does not have to notify anyone ahead of time if an observer is coming to the exam.



## Expenses

All expenses for the IME must be paid to the IW **ahead** of time.

- Transportation
- Wage loss (full wage amount, not the TTD rate)
- Meals or hotel rooms at state rate if necessary



## What If the Injured Worker Refuses to Go?

#### The Insurance Carrier CANNOT simply stop benefits.

Contact DWD WC and send copies of IME letters and proof of pre-payment of expenses. An **Administrative Law Judge** (ALJ) will review and, if appropriate, write a letter to compel the IW to attend.

#### Factors the ALJ will consider:

- Reasonableness of the injured worker's excuse
- Distance to exam
- Were ALL rules followed in the exam letter to the injured worker?



#### IMEs and Claim Closure

An Independent Medical Exam or a Medical Records Review provider's opinion CANNOT close a claim.



#### **Definitions**

- A treating provider must opine End of Healing and address Permanent Partial Disability (PPD) to close a claim.
- An IME doctor cannot, by definition, be a treating provider.
- Therefore, the IME doctor's opinion cannot close a claim.



## An IME May Opine There Is No Claim

If the IME doctor opines that **no work injury** occurred **or** if an FMR is not necessary, per 80.02(2)(e)(4) Wis. Admin. Code,

#### and

the **Insurance company** (IC) submits a position letter adopting IME's position,

#### then

DWD WC can close the claim in our database.



#### How Much Is Denied?

When an IME opines that the IW is at **End of Healing** (EOH) and there is no PPD, it is **NOT** the same as saying the claim is denied.

The claim is only denied after the date of end of healing.

If three (3) weeks or less of temporary disability was paid, it may be possible to close without a final medical report from the treating doctor.



#### Mistake of Fact

If the IC has made payments covering a period of time after the IME opines end of healing, the IC can claim the payments were made by Mistake of Fact.

#### **Example**

DOI: 1/1/21

TTD paid from 1/2/21 to 4/1/21

IME sets EOH for 3/15/21

Only TTD from 3/15/21 to 4/1/21 is mistake of fact.



## Verify What the IME Opinion Covers

Many IMEs are specialists and only give opinions on the areas of their expertise.

- An ortho may defer to a neurologist for the nerve injury.
- A neurologist may defer to a psychologist for a PTSD opinion.
- Know what body parts are addressed.







#### When 0% PPD Isn't 0%

Sometimes when the IME opines that there is no PPD rating, you will get a worksheet from us informing you that there is PPD.

The rating comes from the examination evidence in the IME doctor's report.

If the doctor's opinion doesn't meet requirements in the state statutes, we will revise the rating.



## Repeat IME

Expectation based on long practice that subsequent exams of the same injury/condition will be by the same IME provider

If the original IME provider can't do the second exam, please provide us with your rationale for the change.



## Timing: The 30/90 Rule

- To challenge a treating provider's rating without needing to pay until you get the IME report, within 30 days of receiving the treating provider's rating, you must arrange the IME appointment and send the injured worker the letter about the IME.
- The report from the IME doctor must be in your hands and you must provide a position letter within 90 days of scheduling the appointment (not the day the appointment happens).
- If both deadlines are met, you can wait to pay PPD.



## IME Outside the 30/90 Rule

- If either deadline is missed, you must pay the due and accrued PPD based upon the treating doctor's rating until you have the IME in hand to tell you something different.
- PPD begins to accrue during all periods when the injured worker is not receiving temporary disability.
- The 30 days start when you owe PPD. If there is a statutory minimum (stat min) for a surgery, the 30 days start on the day of the surgery.



## Example 1: Bob's Injury

• Injury: Broken humerus

• **DOI**: 2/14/24

• TTD: from 2/15/24 to 3/15/24 – then back to light duty at full pay

• **FMR**: 8/15/24 – rating 85% at the shoulder

• IC: receives rating 8/17/24

If an IME is set up and a letter is in the mail to Bob by 9/12/24, and you get and act on the IME report before 11/14, you do not have to pay before receiving the IME report, even if the IME agrees with the 85%.



## Bob's Injury Continued

• If the letter telling Bob about the IME exam goes out 9/16/24, Bob is immediately owed all the PPD from the treating doctor's final medical report that has accrued from 3/16/24 (when TTD stopped) to the present. The payments must then continue until there is an IME in hand with a different opinion.



## Example 2: Linda's Injury

• Injury: Torn ACL

• **DOI**: 2/14/24

• **TTD**: 2/15/24 to 2/29/24

• **RTW:** on light duty at same pay from 3/1/24 to 3/14/24.

• **Surgery**: 3/15/24 – ACL repair

• TTD: 3/15/24 to 3/30/24 – then return to light duty at full pay.

• IC: receives the FMR 3/15/25 with a rating of 25%

• IC: arranges for IME and sends notice to Linda by 4/1/25.

How much does the IC owe?



## Linda's Injury Continued

- IC did not challenge the ACL repair, which carries a 10% stat min rating, in time. To challenge the stat min, the IME would need to be set up within 30 days of surgery.
- The IC did challenge the additional 15% in time.
- Stat min for ACL is 42.5 weeks.
- Benefits accrued from 3/1/24 to 3/14/24 and from 3/31/24 to 3/15/25. Total of 52 weeks.



## Linda's Injury Continued

- If the stat min 42.5 weeks has been paid and you are within the 30/90 rule deadlines, you don't have to pay on the additional 15% until you receive the IME report.
- If IC missed the deadlines and notified Linda more than 30 days after receiving the FMR or received the report more than 90 days after the IME appointment was set, the IC owes any PPD that has accrued and must continue paying PPD until they have the IME opinion in hand.



## The Risk of Waiting for the IME

What if you miss the 30-day deadline and decide to wait for the IME report to start paying?

• If the IME report supports all or any of the PPD, the amount that is due and accrued when you do start paying will be subject to the 10% late penalty.

#### Advice

If you know you are conceding to some of the PPD, do not wait to pay it.



#### Position Letters

- We will not assume you are choosing to follow the IME's opinion.
- If there is no position letter, we will average the ratings given by the IME and the treating provider.
- Send us ALL reports and addenda by the IME doctor.
- If you are following the opinion of a MRR report, you must provide a copy of the report to the department and to the injured worker.



#### **Denial Letters**

#### You must send a formal letter mailed to the injured worker.

- Denials should not be made by phone, email, or text message.
- The denial letter is the tool the injured worker uses to access other insurance benefits.

Send a letter to the claimant and a copy to us.

- Be clear about what is being denied.
- Be clear about why it is being denied.
- Be clear about the date the denial starts.



#### **Denials**

 Be sure the denial letter includes information about the injured worker's appeal rights and the department's contact information.



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## Questions?

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